

# JAN-DEC 2024 PERFORMANCE UPDATES



# FPAM Strategic Pillars

FPAM strategic plan (2023-2028) is aligned to the IPPF Strategic Framework, Come Together (2023-2028) and the strategic pillars are aligned to the following

- **Strategic Pillar 1:** Centre care on people
- **Strategic Pillar 2:** Move the sexuality agenda
- **Strategic Pillar 3:** Solidarity for change
- **Strategic Pillar 4:** Nurture our federation



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### OUR MISSION

To provide quality, accessible and affordable, comprehensive Reproductive Health and Rights information and services to young people, women, men and the underserved.

### OUR VISION

A Malawian society with access to quality and comprehensive sexual and reproductive health information and services.

### CORE VALUES

- >>> Diversity
- >>> Social Inclusion
- >>> Partnerships
- >>> Volunteerism
- >>> Accountability

### MOTTO

Centre of excellence in the Provision of Sexual Reproductive Health Services

### WHO WE ARE

An Indigenous, non-profit making and non-political Malawian local Non-Governmental Organization established in 1999 and registered under the Trustees Incorporation Act.

FPAM is affiliated to International Planned Parenthood Federation (IPPF) as a member association.

## EDITOR'S NOTE

Welcome to the 2024 edition of the FPAM 2024 programme updates!

This issue highlights the incredible work FPAM has undertaken over the past year to expand access to sexual and reproductive health (SRH) services across Malawi, particularly in underserved and hard-to-reach communities.

As you read through this newsletter, we invite you to reflect on the progress made, the challenges

overcome, and the path ahead. We remain committed to improving the lives of individuals and communities through innovative and inclusive healthcare solutions.

Thank you for your continued support and engagement. Happy reading!

*Faith Kamtambe*

Editor, FPAM Annual Projects Newsletter,



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# *Message* FROM THE **EXECUTIVE DIRECTOR**

As we reflect on the past year, I am proud to share the remarkable progress the Family Planning Association of Malawi (FPAM) has made in advancing Sexual and Reproductive Health (SRH) services across the country. Through our commitment to ensuring that every Malawian especially those in hard-to-reach areas has access to quality SRH services, we successfully implemented nine projects in 2024.

The services were provided using three key service delivery models: community-based distribution agents, outreach clinics, and static health facilities. These approaches enabled us to reach thousands of individuals and families, empowering them with essential health information, contraceptives, and other critical SRH services. By working closely with communities, we continued to bridge gaps in healthcare access and uphold the right to quality SRH services for all.

None of this would have been possible without the invaluable

support of our partners, stakeholders, and, most importantly, the Government of Malawi through the Ministry of Health. Their policy guidance and unwavering commitment to strengthening SRH services have been instrumental in our collective success.

As we move forward, FPAM remains dedicated to expanding access to SRH services, embracing innovative approaches, and ensuring that no one is left behind. We extend our heartfelt gratitude to all those who have contributed to our mission and look forward to another year of impactful service delivery.

Sincerely,

**Donald Makwakwa**

Executive Director, Family Planning Association of Malawi (FPAM)

# OVERALL PERFORMANCE FROM JANUARY-DECEMBER 2024

Family Planning

Achieved  
**249,413**

Post Abortion  
Care

Achieved  
**376**

HIV Only

Achieved  
**31,539**

STI Only

Achieved  
**11,332**

Cervical Cancer

Achieved  
**8,832**

GBV

Achieved  
**3,403**

Infertility

Achieved  
**71**

PGT

Achieved  
**2,354**

SRHS to Youth

Achieved  
**175,764**

Total SRH Services

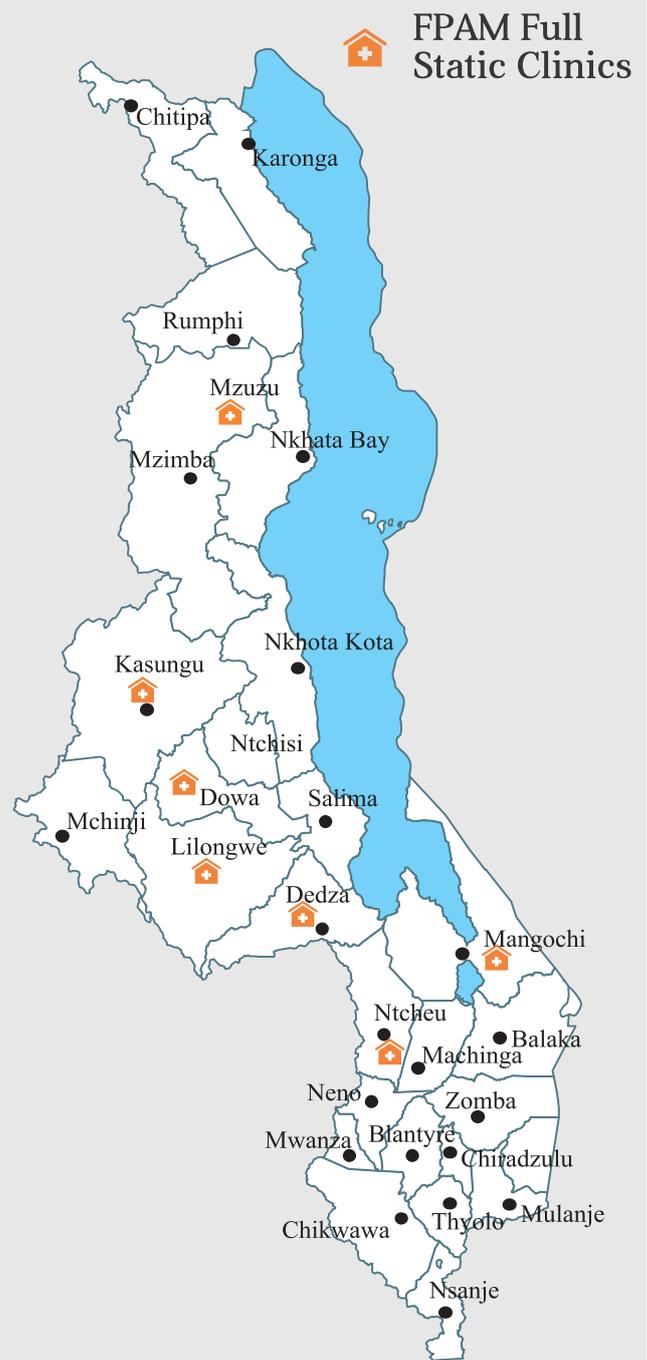
Achieved  
**307,327**

CYP

Achieved  
**157,627.4**

# ABOUT FPAM

Family Planning Association of Malawi (FPAM) is an indigenous, non-profit making and non-political Malawian local NGO established in 1999 registered under the Trustees Incorporation Act. FPAM is affiliated to the International Planned Parenthood Federation (IPPF) as a Member Association. It exists to provide comprehensive youth friendly sexual and reproductive health services. FPAM targets young people in the rural underserved communities in the provision of integrated youth friendly Sexual Reproductive Health and Rights (SRHR) information and services using static and community-based approaches. Services provided by FPAM include provision of short and long-acting family planning methods (injectable, oral contraceptive pills, implants such as jaddelle and implanon, male and female condoms, pregnancy tests, Sexually Transmitted Infections (STI) screening and treatment, voluntary counselling, testing and treatment of HIV and cervical cancer screening. FPAM also provides general medical services in its static clinics.



You can access our website on [www.fpamalawi.org](http://www.fpamalawi.org)

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FPAM CLINIC

MONDAY - SATURDAY  
08:00 - 17:00

**OFFERS GENERAL  
MEDICAL SERVICES**

**OTHER AVAILABLE SERVICES**

- Family Planning
- Cervical Cancer Screening
- Post Abortion Care (PAC)
- STI Screening & Treatment
- HIV & ART Services
- Youth Friendly Health Services

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# COREGRANT PROGRAMMES

Funding Source – Core grant through IPPF

Implementation Area – National wide



*DRIVING CHANGE - FPAM Service Provider briefing the First Lady at a chief engagement meeting on SRHR*

**FPAM under its Core grant through IPPF has implemented a number of initiatives in 2024 under the following pillars.**

## 1. ADVOCACY AND COMMUNICATION

FPAM under this initiative aims at strengthening the capacity of the organization and other stakeholders to lobby for access to Sexual Reproductive Health Rights (SRHR) and Comprehensive Sexuality Education (CSE). The overall goal is to influence action towards policy change, and harmonization of SRHR financing.

Under this initiative FPAM has been lobbying for among others increased budget allocation towards family planning and SRHR services, signing of the interministerial ESA commitments in support for CSE or a review of the life skills curriculum and enactment of the abortion law in Malawi with an intent of increasing grounds for legal abortion in the country, among other initiatives.

### Initiatives Undertaken

FPAM took part in commemorating International Safe Abortion Day 2024

held in Lilongwe and Kasungu Districts respectively.

In Lilongwe the event brought together officials from the Ministry of Health – Reproductive Health Directorate, Chair of the Parliamentary Committee on Health and the Norwegian ambassador to Malawi Ingrid Marie Mikelsen.



*Engagement meeting with community members in Kasungu - Safe Abortion Advocacy*

In Kasungu Traditional Authority (T/A) Lukwa hosted the International Safe Abortion Day 2024, where key stakeholders highlighted the need for safe and legal abortion in Malawi.

Hon. Dr. Matthews Ngwale MP, Chair of the Parliamentary Health Committee, emphasized that legalizing safe abortion could save lives. Other notable attendees included Hon. Jailos Bonongwe MP, The Director of the Malawi Human Rights Resource Centre and other guest.

Community members and chiefs voiced concerns over preventable deaths due to lack of access to safe abortion services. The theme, "Access to Safe and Legal Abortion Now," was underscored by a panel discussion, community engagement, and a drama performance by the Kasungu Youth Action Movement.

FPAM also participated in an engagement meeting with chiefs which was organized by Ministry of Health through the Reproductive Health Directorate. This meeting involved senior chiefs from different districts across Malawi.

## 2. YOUTH ACTION MOVEMENT (YAM)

In contributing to this strategic pillar, FPAM recognizes the importance of youth structures and leadership within the association and actively promotes youth

participation and empowerment.

In the period under review, a total of fourteen (14) YAM structures conducted weekly branch meetings aimed at tracking progress of the different activities stipulated in their branch workplans. Through these meetings, FPAM service providers were engaged to respond and to provide technical information related to SRHR amongst young people. Ntcheu, Dowa, Dedza, Mzuzu (Mzuzu Technical College, Mzuzu University, and Mzuzu Center), Domasi College of Education and Lilongwe YAM branches further each conducted SRHR and Career talks in their respective branches targeting surrounding youth clubs and structures, and income generating activities.

FPAM district managers, through their outreach teams and related activities, have also engaged YAM members during implementation of their activities. This approach enhances meaningful youth participation and increases collaboration with fellow youth structures at district and community levels. Furthermore, a total of twenty-three (23) YAM members drawn from each branch and the National Executive Committee (NEC) have been capacitated to deliver peer-led age-appropriate Comprehensive Sexuality Education (CSE) sessions in their respective branches and surrounding youth structures.





Static service delivery - PrEP service provision CAAPP project

### 3. RESOURCE MOBILIZATION

FPAM pursued strategic resource mobilization to sustain and expand SRHR programs, aligning with Pillar 3: Solidarity for Change (Innovate & Share Knowledge) and Pillar 4: Nurture Our Federation (Grow Our Federation).

In fulfilment of the strategic pillars, FPAM conducted several interventions including staff trainings, planning meetings, and partnership engagements.

Three FPAM staff underwent a comprehensive training in resource mobilization and partnership engagement, in preparation for the implementation of the FPAM Resource Mobilization and Partnership Strategy 2024 - 2028. This capacity building has enhanced staff capacity in fundraising, strengthening FPAM's resource mobilization strategy.

The organization further held quarterly and periodic review and planning meetings for the 2024 programme implementation and planning ahead for 2025. These periodic meetings have helped the organization in

aligning the strategic pillars with relevant national strategies and policies.

FPAM continues to strengthen its partnership with key Government departments, donors, INGO's and local stakeholders.

### 4. SERVICE DELIVERY

The Family Planning Association of Malawi (FPAM) provides integrated comprehensive Sexual Reproductive Health and Rights (SRHR) services to young people aged 10 to 24, men, women, and children (where consent is provided by guardians), as well as other high-risk key populations such as people living with HIV (PLHIV) and female sex workers. FPAM is present in the following districts: Chitipa, Balaka, Dedza, Dowa, Karonga, Kasungu, Lilongwe, Mangochi, Mchinji, Mzimba North, Neno, Nkhota-kota, Ntcheu, and Salima.

In line with the 2024 Business Plan, FPAM carried out several activities for different projects related to the four strategic pillars from January-December 2024. In 2024 FPAM implemented several interventions

through the following projects: Consortium for the advancing of HIV prevention Biomedicals – Stream 2 IPPF, Her Future Her Choice, UNFPA- JPGE and KOICA, Momentum Tikweze Umoyo, Momentum Tiyeni, We Belong Together, Core Grant IPPF, N’zatonse phase V, and Global Fund – Covid-19 response mechanism.

FPAM continues to provide comprehensive integrated SRHR services in all the service delivery points utilizing the three delivery models: static clinics, mobile outreach clinics and community outreach clinics. FPAM reached a total of 306,237 clients with 307,327 services representing 74% achievement. Of the clients reached 175, 764 were aged 10-24 representing 70%. FPAM generated a CYP of 157,627.4 representing 93%. Of services provided 249,412 were family planning, 376 were post abortion care, 31,539 were HIV only (ART provision, HTS, PrEP etc.), 11,332 were STI services, 8,832 were cervical cancer, 3,403 screening services for GBV, 71 were infertility services; PGT, and 2,354 were pregnancy testing services.

## 5. DIGITAL HEALTH

FPAM has increased its followership to 22,000 from 15,000 in 2023. Through its social media channels mainly through Facebook and WhatsApp, FPAM has reached a total of 139 clients with counselling services. People are able to ask questions regarding SRHR and are responded to by service providers.

## 6. GOVERNANCE

### FPAM HOLDS ITS 22ND ANNUAL DELEGATES CONFERENCE AND ELECTS NEW BOARD

On 21<sup>st</sup> December 2024, FPAM held its 22nd Annual Delegates Conference (ADC) at the Sunbird Capital Hotel. The ADC is the highest governance organ for the organization. The event brought together FPAM volunteers, Board members and other key

stakeholders to discuss strategies for promoting sexual and reproductive health and rights for all. It was held under the theme “Move the Sexuality Agenda: Advancing Sexual and Reproductive Health and Rights for All” This theme called delegates to action to advance sexual reproductive health and rights for all Malawians through their collective actions. This theme was drawn from FPAM’s Strategic plan (2023-2028) Pillar 2. The theme drove home the following: connecting advocacy at all levels, preventing sexual & gender-based violence, bringing youth voices to the fore, amplifying community voices, taking intersectional & feminist action, advancing comprehensive sexuality education, monitoring government commitments, sharing winning narratives, engaging & influencing on social media.

The Guest of Honour, Doreen Ali, Director for the Reproductive Health Directorate, acknowledged FPAM as a vital partner of the Ministry of Health in delivering essential sexual and reproductive health services.

During this event, delegates ushered in new members to the FPAM Board, shaping the future of our mission to promote access to quality SRH services in Malawi.



# Announcement

FPAM is delighted to announce the election of Ms. Mercy Kulanga Paundi as our new Board Chairperson.

With her impressive Qualifications

- A Master of Science in Reproductive Health.
- A Bachelor of Science in Nursing
- A Postgraduate Certificate in Midwifery

Ms. Kulanga Paundi brings unparalleled expertise and leadership to steer our organization forward.



## Congratulations Ms. Kulanga Paundi

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# PROJECT 01 WE BELONG TOGETHER

**Funding source:** NORAD through FOKUS, Implemented by FPAM and Sex Og Politik  
**Implementation Period:** 2023 – 2027  
**Implementation districts:** Mzimba North and Dowa

FPAM is implementing a 5-year project (2023-2027) We Belong Together (WBT) in Malawi targeting Mzimba North and Dowa districts. The project is funded by NORAD through FOKUS implemented jointly with Sex Og Politik (A Norwegian IPPF partner organization).

This project is focusing on improving access to SRHR information and services to girls and women including the LGBTIQ+ community particularly those in the hard-to-reach areas.

The project is also focusing on interventions aimed at reducing cases of unsafe abortions by improving access to contraceptives and improving access to comprehensive abortion care services within the provision of the law.

## Project Goal

Improving access to SRHR information and services to girls and women including the LGBTIQ+ community particularly those in the hard-to-reach areas.

## Achievements

- The project reached a total of 12,595 clients comprising women, girls, and LGBTQ populations with SRHR services including PREP through the Outreach clinics that were implemented.
- The static clinics successfully reached 1,783 key populations, including LGBTIQ individuals, a direct result of enhanced service delivery and effective peer educator linkages. This impact was facilitated by the training Peer Educators, local government officials and healthcare providers in Dowa and Mzimba North on Sexual and Reproductive Health and Rights (SRHR) and Values Clarification and Attitude Transformation. By equipping these officials and providers with the necessary knowledge and skills, the project empowered them to advocate for and implement inclusive health policies that address the unique needs of diverse populations, fostering a supportive environment for marginalized communities seeking SRHR services.



*WBT Project- EMPOWERING ADVOCACY -Participants of the International Safe Abortion Day*



**KASUNGU  
FPAM CLINIC**

**MONDAY - SATURDAY  
08:00 - 17:00**

**OFFERS GENERAL  
MEDICAL SERVICES**

### OTHER AVAILABLE SERVICES

- Family Planning
- Post Abortion Care (PAC)
- HIV & ART Services
- Cervical Cancer Screening
- STI Screening & Treatment
- Youth Friendly Health Services

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## PROJECT 02 HER FUTURE HER CHOICE

**Funding Source:** Global Affairs Canada (GAC) through OXFAM Malawi

**Implementation Period:** 2019 – 2024

**Implementation districts:** Lilongwe and Balaka

The Her Future Her Choice project is a Global Affairs Canada (GAC) funded project which was implemented from 2019 to 2024 targeting adolescent girls and young women in Lilongwe and Balaka districts. The project was implemented in partnership with three organizations including Oxfam Malawi, Centre for Alternatives for Victimized Women and Children (CAVWOC) and Point of Progress (POP) in collaboration with local authorities, government stakeholders, and community structures. The project had two intermediate outcomes which were (i) to strengthen urgency

of adolescent girls and young women in exercising their Sexual and Reproductive Health and Rights (SRHR), and (ii) to improve quality of Comprehensive Sexual and Reproductive Health (SRH) information and services for adolescent girls and young women.

### Project Goal

To improve adolescent girls and young women's comprehensive Sexual and Reproductive Health and Rights (SRHR) in Lilongwe and Balaka districts.



*Dedicated-Minister of Gender Hon. Jean Sendeza and other dignitaries touring a FPAM pavilion*

## Achievements

- A total of 6,401 clients accessed sexual and reproductive health services through door-to-door outreach and youth clubs, facilitated by 30 Youth Community Based Distribution Agents (YCBDAs) who received refresher training on updated SRHR information and services. This training not only equipped the YCBDAs with knowledge but also included ongoing support and mentorship, significantly enhancing service delivery.
- The provision of oral PrEP services at Chiwamba and Deyang facilities is a direct result of training 24 health service providers on injectable PrEP (CAB LA) and oral PrEP in Lilongwe. With this training, at least two providers from each facility are now equipped to offer oral PrEP, significantly enhancing access to HIV prevention options that were previously unavailable in these facilities.
- The project successfully reached 15,069 clients with various sexual and reproductive health services, including family planning, HIV testing and counseling, cervical cancer screening, and STI screening, through 91 outreach clinics conducted in Balaka and Lilongwe districts
- The project enhanced service delivery through the distribution of medical equipment, including sterilizers and beds to the health facilities as well as bicycles to Youth Community Based Distribution Agents (YCBDAs) which will ease their mobility as they provide services in the communities. These provisions ensure sustained service provision beyond the project's lifespan, improving access and efficiency in delivering SRHR services



*UNFPA-One of the project beneficiaries under the action for teens from TA Mkanda in Mchinji, Mirriam Martin, displaying some of the family planning methods that she currently uses*

The 2024 Annual Work plan (AWP) was an agreement between FPAM and The United Nations Population Fund (UNFPA) Malawi Country Office, spanning from 1<sup>st</sup> January 2024 to 31<sup>st</sup> December 2024. The AWP is a contribution to the UN joint UNSDCF (UN Sustainable Development Cooperation Framework) as well as Country Program outcomes. Additionally, the 2024 AWP focused on ensuring that women of reproductive health, sexually active adolescent girls and boys in the targeted communities and districts have access to sexual reproductive health rights information and are empowered to take action on their Sexual Reproductive Health issues through outreach and open

day services. FPAM was further engaged in demand creation strategies through events and outreaches, SRHR open days and mentorship of health care workers for new and lesser utilized commodities with key focus on Long and Reversible Contraceptives (LARC). UNFPA supported FPAM with family planning commodities, STI commodities, HIV /ART commodities and services as well as humanitarian services commodities and supplies that include infection prevention supplies for the UNFPA impact districts.

In fulfillment of the 2024 AWP agreement, the following programs and interventions were implemented.

# Action for Teen Mothers and Adolescent Girls in Central Region, Malawi

**Funding Source:** Korea International Cooperation Agency through UNFPA

**Implementation Districts:** Dedza and Mchinji

The project, implemented from November 2021 through December 2024 funded by the Government of Korea through the Korea International Cooperation Agency (KOICA) and through United Nations Population Fund (UNFPA) in Malawi, aims to empower adolescent girls and young women to make educated decisions about their life, sexual and reproductive health and rights, as well as to minimize teenage pregnancy.

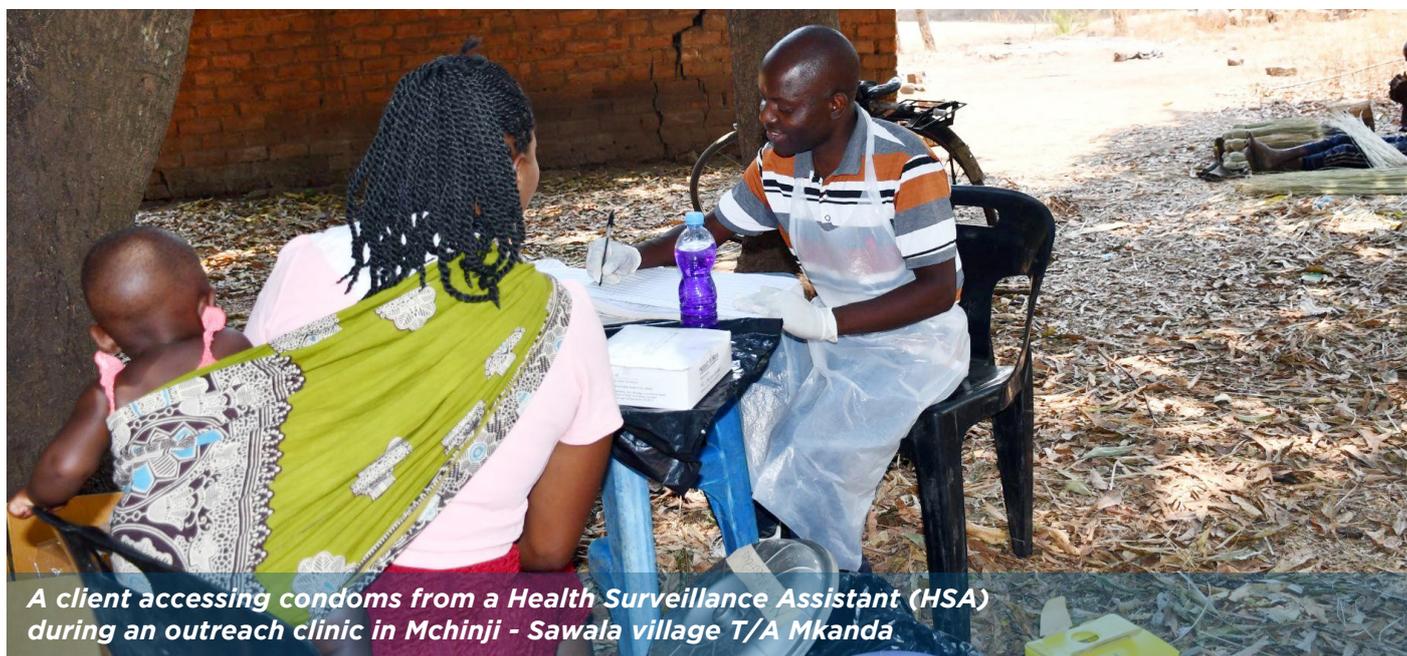
The project continues to empower teen mothers and adolescent girls (15-24) to make informed decisions about their sexual and reproductive health and life in target

areas, engaging communities to contribute to the fulfillment of adolescent girls' sexual and reproductive health and rights (SRHR) and improving access for adolescent girls to integrated and youth-friendly sexual and reproductive health services, including family planning and gender-based violence (GBV).

In the year 2024, FPAM provided integrated SRHR services through mobile outreach clinics and door to door information and service provision by Community Based Distribution Agents (CBDAs) in the districts of Dedza and Mchinji.

## Achievements

- A total of 24,577 clients utilized the integrated SRHR services ranging from family planning, HIV services (HTS), Sexually Transmitted Infections (STI) services, Cervical cancer screening and inspection (VIA), Pregnancy testing (PGT), and Gender Based Violence (BGV) screening and referral.
- Of the total number of clients reached, 15,115 clients were adolescent girls and boys aged 15-24 representing 61.5% youth reach. Overall, the project has reached 63,110 adolescents and youth clients with integrated SRHR services throughout the project implementation period.



*A client accessing condoms from a Health Surveillance Assistant (HSA) during an outreach clinic in Mchinji - Sawala village T/A Mkanda*

# UN Joint Programme for Girls Education III (UNJPGE)

**Funding Source:** Norwegian Ministry of Foreign Affairs through UNDP

**Implementation Districts:** Salima, Dedza, Mangochi and Kasungu

The United Nations Joint Programme on Girls Education was launched in 2014, with funding from the Royal Norwegian Embassy, to address a variety of socioeconomic, cultural, health, nutrition, and gender challenges that impede education, particularly for girls in Malawi. FPAM, with

funding support from UNFPA Malawi, has been implementing project interventions in the districts of Dedza, Mangochi, Salima, and Kasungu since November 2020 through December 2024 under phase III of the UNJPGE.

## Achievements

- In 2024, FPAM in collaboration with the respective District Health Offices intensified delivery of integrated SRHR information and services to young people aged 10-24 through mobile outreach clinics and door to door information and service provision by CBDAs. A cumulative total of 52,874 clients utilized these services in 2024, accessing them through mobile outreach clinics and door to door service provision by community health workers, of which 35,719 clients were adolescent girls and boys aged 10-24 representing a 67.5% youth reach.
- The project further provided continued mentorship to 316 Community Based Distribution Agents (CBDAs) across the UNJPGE districts in enhancing their door-to-door information and service provision skills.
- Overall, the project has reached 207,386 adolescents and youth clients with integrated SRHR services throughout the project implementation period.

## Support to the Ministry of Health - Reproductive Health Directorate

**Implementation Districts:** Chitipa, Karonga, Rumphi, Mzimba South, Nkhatabay, Nkhotakota, Mchinji, Machinga, Balaka, Mangochi, Phalombe, and Nsanje

UNFPA Malawi supported the Ministry of Health (MoH) - Reproductive Health Directorate (RHD) through FPAM with financial resources to implement five broad activities aimed at building the capacity of government health care workers and improving supply chain management, increasing the range and availability of FP commodities for marginalized groups in line with reproductive rights and making SRHR/HIV/GBV integrated services available to key populations in hard-to-reach communities.

### Major Activities

- **Capacity building and outreach for service providers including open days for new and lesser utilized FP methods**

The Ministry of Health - RHD with funding from UNFPA through FPAM organized mentorship sessions on Long-Acting Reversible Contraceptives (LARC) for service providers for new and lesser utilized family planning methods in the districts of

Nsanje, Mchinji, Machinga and Mangochi. These LARC methods included Implants (Jadelle, Levoplant, and Implanon); IUD (Copper T) and DMPA SC SI Moment of Truth (MoT) concept.

### Achievement

A total of 117 family planning providers (Mangochi: 28, Machinga: 30, Nsanje: 28, and Mchinji: 31) comprising of the following cadres: Nurse Midwife Technicians (NMT), Nursing Officers, Senior NMT's, Clinical Officers, Community Midwife Assistant, and Medical Assistants have been trained.

- **Support capacity building for e-HIN/ E-LMIS mentorships**

The Ministry of Health – RHD with funding from UNFPA through FPAM conducted capacity building sessions on the Electronic

Health Information Network (e-HIN) system. The e-HIN system, deployed by the MoH in Malawi, provides real-time data visibility of medicines, medical supplies, and vaccines in all health facilities. Supported by the United Nations Development Programme (UNDP), the e-HIN system has strengthened accountability and informed decision-making through improved management and reporting capabilities at various healthcare levels.

### Achievement

A total of 849 participants have been trained in the three districts of Mangochi, Balaka and Phalombe from the following cadres: Disease control and surveillance assistants (573), nurses (143), pharmacy personnel (75), medical assistants (35), clinical officers (18) and medical officers (5).



*A youthful client accessing a service at a FPAM outreach clinic in Salima under the JPGE UNFPA project*

- **Support development of supply chain strategy for Malawi with the Malawi Pharmacy and poisons board and Ministry of Health**

The Ministry of Health - RHD with financial support from UNFPA through FPAM organized a technical planning workshop on the development of Family Planning (FP) commodities supply chain strategy for Malawi. The workshop brought together stakeholders from the Kamuzu University of Health Sciences, Central Medical Stores Trust, Reproductive Health Directorate, Health Technical & Support Services, National Tuberculosis & Leprosy Elimination Program, Holy Family College of Health Sciences, Ministry of Local Government, and Lilongwe District Health Office to provide technical input to the development process. The workshop concluded by agreeing to a desired state of FP supply chain in Malawi that of a digitalized integrated FP supply chain managed by interoperable systems and trained personnel that efficiently responds to the needs of FP clients and coordinated through a central unit within MoH.

- **Support 2024 Service Delivery Points (SDP) survey in all districts of Malawi**

The Ministry of Health - RHD and its partners, is mandated to procure and distribute family planning and other reproductive health commodities to all

public health facilities in the country. The Ministry, in collaboration with UNFPA and FPAM, conducted a comprehensive survey on the availability of contraceptives and lifesaving maternal health drugs across the country's health facilities. The survey aimed at focusing on analyzing the availability, accessibility, and distribution of these essential commodities in various service delivery points (SDPs) to identify key gaps and inform targeted strategies for improvement. The MoH - RHD engaged a consultant responsible for database development, data coding, data analysis, draft report preparation, final report submission and creation of a database for trained FP providers. At the end of the engagement, the consultant successfully:

- **Developed a database of trained FP providers providing insights into training done by FP providers**
- **Submitted a draft and final report providing insights into commodity availability and highlighting key service gaps,**
- **Submitted a report on stakeholder consultations/workshops with details on the results that will be shared with stakeholders.**
- **Developed key recommendations including targeted action points for UNFPA, FPAM, and the Ministry of Health to enhance service delivery and accountability in family planning.**



**NTCHEU  
FPAM CLINIC**

**MONDAY - SATURDAY  
08:00 - 17:00**

## OFFERS GENERAL MEDICAL SERVICES

### OTHER AVAILABLE SERVICES

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- HIV & ART Services
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# PROJECT 04 N'ZATONSE PHASE V

Funding Source: KfW through PSI

Implementation Period: March 2024 to December 2025

Implementation Districts: Ntcheu and Neno



*N'zatonse project - Engaging young people through an open day in Lizulu, Ntcheu*

FPAM is implementing the N'zatonse Phase V project led by PSI (Population Services International) in collaboration with other consortium partners Family Health Services (FHS), and Act Alliance. N'zatonse Phase V is a continuation of the N'zatonse Project where it builds on the deliverables of phase I, II and III and IV. N'zatonse V aims at improving access and use of Sexual Reproductive Health (SRH) services in rural areas while ensuring that the behaviour of the target population is better adapted to the needs of individuals as well as the nation. The focus for phase five is on the unmarried and nulliparous youth (aged 10-24 years) improving their access to Family planning services especially long acting and reversible contraceptives (LARC).



*FPAM provider explaining to the Secretary for Health on service delivery client flow*

## Achievements

Project main achievements including number of people reached with services in 2024

- Reached a total of 57,036 clients with SRHR services through integrated mobile outreach clinics.
- Reached 40,889 clients with SRHR services through community health workers. Part of this achievement is attributed to a training of 40 YCBDAs which FPAM supported through the project.
- Out of the total clients reached through

mobile outreach clinics and community health workers, 73% were the youth.

- FPAM supported the Ministry of health, Reproductive Health Directorate to ensure continuous supply of Family planning commodities through redistribution and quantification of commodities at national level.
- Maintained good collaboration with the Ministry of health as evidenced by the Secretary for Health as well as two deputy directors from the Reproductive Health directorate visiting one of our projects' sites. See figure above.

## PROJECT 05 DISC

**Funding source:** CIFF (Children's Investment Fund Foundation) through PSI

**Implementation Period:** September 2024 to May 2027

**Implementation districts:** Ntcheu and Neno



Self injection client

### Project objectives

FPAM through PSI Malawi is implementing the Delivering Innovation in Self-Care (DISC) program alongside the N'zatonse V project in Ntcheu and Neno districts. The DISC program is a Children's Investment Fund Foundation (CIFF) funded investment, and its objective is to increase uptake of self-injection (SI) through overcoming provider-based barriers throughout the consumer journey.

### Project main achievements including number of people reached with services in 2024

- For the year 2024, the project surpassed its projections with 52,438 clients

accessing injectable contraceptive out of which 9,684 were for SI. The achievement was facilitated by MOT trainings of MoH providers (65 nurses and clinicians, 34 CMA's and 36 HSA's) and demand creation mobilisers which enhanced the capacity of health workers and improved community mobilization efforts, thereby driving higher adoption rates of self-injection.

- There was a notable increase in the average number of health facilities reporting on injectable contraceptives from 24 to 35 health facilities, with 27 sites specifically tracking DMPA-SC visits.

# PROJECT 06 CONSORTIUM TO ADVANCE ACCESS TO HIV PREVENTION PRODUCTS (CAAPP)

**Funding Source:** IPPF through a consortium led by Family Planning Association of India (FPAI)

**Implementation Period:** January 2024 to December 2025

**Implementation districts in Malawi:** Mzuzu, Kasungu, Dowa, Lilongwe, Dedza, Ntcheu and Mangochi

FPAM is implementing a project on HIV Biomedical Prevention Products in Malawi, a Consortium to Advance Access to HIV Prevention Products (CAAPP), funded by IPPF. The goal of the project is to significantly increase the delivery of new biomedical HIV prevention methods at FPAM and IPPF delivery points and to successfully integrate those services. At FPAM, PrEP is delivered through static and outreach clinics in seven districts.

## Project Goal

Optimizing the rollout and integration of new biomedical HIV prevention methods into IPPF service delivery platforms.

## Achievements

### 1. Demand generation for new biomedical HIV methods and Advocacy for product registration.

- Reached over 200,000 people with information on PrEP through IEC materials like billboards, social media platforms and local media through dissemination information on PrEP in December 2024.
- FPAM conducted 18 Focus Group Discussions in Mangochi, Lilongwe, Kasungu and Mzuzu to inform revision, review, development and reproduction of IEC materials for oral PrEP.



CAAPP PROJECT A female sex worker in Dowa displays a bottle of PrEP received from FPAM

This was done in collaboration with Health Promotion Division (HPD), Department of HIV AIDS, STI and Viral Hepatitis (DHA), National AIDS Commission (NAC) and Family Health Services (FHS).

- FPAM conducted two Men conferences to raise awareness for PrEP and provide PrEP integrated services amongst men in the community and university students in Lilongwe on 16th November 2024. These conferences were conducted at Mitundu community ground and Lilongwe University of Agriculture and Natural Resources. The meetings were attended by four politicians, chiefs and Mayor for Lilongwe City.

**2. Provision of subsidized Oral PrEP to eligible clients and provision of necessary services in a periodic manner (HIV/STI testing, other lab tests, adherence counselling, risk-reduction counselling, condom).**

- FPAM rolled out provision of PrEP services in its seven districts of

implementation through static clinics and outreach HIV biomedical clinics to provide services to targeted populations like AGYW, MSM, Pregnant and breastfeeding women, PWUID and FSW. These clinics have demonstrated to increase access to HIV biomedical products.

- A total of 909 clients were served with Oral PrEP through 85 biomedical clinics.
- These clinics use community structures like peer educators, community health workers, influential leaders to deliver oral PrEP.
- FPAM trained 65 service providers on PrEP. Trainings were conducted in three sessions to increase knowledge for both oral and CAB-LA; to improve patient screening; to enhance assessments and counselling skills; to educate on optimized prescribing practices; to introduce service providers to new M&E tools and to ensure monitoring of uptake of PrEP among all assessed and eligible clients.



Billboard in Mzuzu



*REACHING HARD TO REACH AREAS - Outreach service provision underway in Salima under the MOMENTUM TIKWEZE UMOYO project*

MOMENTUM Tikweze Umoyo was a five-year USAID-funded integrated service delivery project in Malawi. The project aimed at reducing maternal, newborn, and child morbidity and mortality through improved access and quality of health service delivery. The focus is on Maternal, Newborn, and Child Health (MNCH), Family Planning (FP) and Reproductive Health (RH), Nutrition, Water, Sanitation and Hygiene (WASH) and malaria prevention and treatment.

AMREF Africa served as the prime partner for the MOMENTUM Tikweze Umoyo project, collaborating with other organizations such as FPAM, Youth Wave, PSI Malawi, D-tree, and WaterAid. FPAM was the technical lead in provision of integrated SRHR services, such as family planning for youth, people with disabilities, and others who are difficult to reach through mobile outreach clinics.

## Achievements

- Supported 101 Youth Targeted Outreach clinics (YTOs) providing a total of 70,684 services.
- 208 Bilateral-Tubal Ligation/Vasectomy (BTLs) were performed through 51 Family Planning (FP) Outreach Clinics for Permanent FP Methods.
- Trained 26 service providers on DMPA Sayana and Moment of truth concept.
- Supported the districts to conduct One Stop Centre Orientation

## PROJECT 08 MOMENTUM TIYENI

**Funding Source:** USAID through Palladium International, LLC  
**Implementation Districts:** Lilongwe, Dowa, Zomba, Machinga, Chikwawa, Mulanje and Mangochi

FPAM is among the partners that implemented the Momentum Tiyeni project alongside Palladium (Prime), Save the Children, Evangelical Association of Malawi, Pakachere and PACHI. Under this project, FPAM was providing technical

support in Family Planning (FP)/ Sexual Reproductive Health and Rights (SRHR) and strengthening local capacity for service delivery. In addition, One FPAM team was providing the services in Lilongwe district.



*OUTREACH SERVICE DELIVERY - Health talk session underway in Kasungu at an outreach clinic*

### Achievements

- The team was able to provide integrated SRHR services: 1824 BTL Services were performed
- By 2024, the project reached a total of 23,307 clients with integrated SRH

services through Integrated Family Health Outreach Clinics (IFHOC) and Community Health workers - Youth Community Based Distribution Agents (47) were trained.



# FPAM 2024 AUDIT REPORT

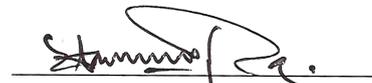
## FAMILY PLANNING ASSOCIATION OF MALAWI

### STATEMENT OF FINANCIAL POSITION As at 31 December 2024

Notes	Malawi Kwacha			Total MK	US Dollar		Total USD
	Unrestricted	Donor			Unrestricted USD	Restricted USD	
		Restricted MK	Restricted MK				
<b>ASSETS</b>							
<b>Non-current assets</b>							
Property plant and equipment	5	528,216,239	-	528,216,239	689,146	-	689,146
<b>Current assets</b>							
Inventories	6	23,594,498	-	23,594,498	13,556	-	13,556
Accounts receivables	7	377,380,410	32,679,186	410,059,596	216,815	18,775	235,590
Cash and cash equivalents	8	643,041,755	421,538,511	1,064,580,266	369,444	242,185	611,629
Interest bearing deposit accounts	8	41,293,090	-	41,293,090	23,724	-	23,724
<b>Total current assets</b>		<b>1,085,309,753</b>	<b>454,217,697</b>	<b>1,539,527,450</b>	<b>623,539</b>	<b>260,960</b>	<b>884,499</b>
<b>Total assets</b>		<b>1,613,525,992</b>	<b>454,217,697</b>	<b>2,067,743,689</b>	<b>1,312,685</b>	<b>260,960</b>	<b>1,573,645</b>
<b>FUNDS AND LIABILITIES</b>							
<b>Funds</b>							
Capital funds		570,575,569	-	570,575,569	713,482	-	713,482
Inventory fund		23,594,499	-	23,594,499	13,556	-	13,556
Undesignated funds		907,726,387	-	907,726,387	521,513	-	521,513
<b>Total funds</b>		<b>1,501,896,455</b>	<b>-</b>	<b>1,501,896,455</b>	<b>1,248,551</b>	<b>-</b>	<b>1,248,551</b>
<b>Liabilities</b>							
<b>Current liabilities</b>							
Accounts payables	9	32,942,697	56,586,340	89,529,037	18,927	32,510	51,437
Deferred income	10	-	476,318,197	476,318,197	-	273,657	273,657
<b>Total current liabilities</b>		<b>32,942,687</b>	<b>532,904,537</b>	<b>565,747,234</b>	<b>18,927</b>	<b>306,167</b>	<b>325,094</b>
<b>Total funds and liabilities</b>		<b>1,534,839,152</b>	<b>532,904,537</b>	<b>2,067,743,689</b>	<b>1,267,478</b>	<b>306,167</b>	<b>1,573,645</b>

The financial statements were approved and authorised for issue by the Board of Trustees on 9<sup>th</sup> May 2025 and were signed on its behalf by:

  
CHAIRPERSON

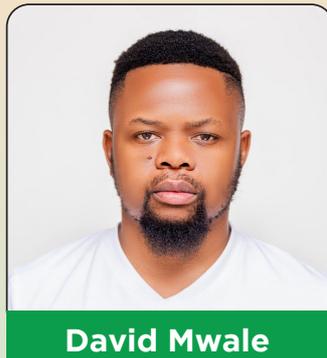
  
AUTHORISED TRUSTEE

## FAMILY PLANNING ASSOCIATION OF MALAWI

### STATEMENT OF INCOME AND EXPENDITURE For the year ended 31 December 2024

Note	Malawi Kwacha			Total MK	US Dollar		Total USD
	Unrestricted MK	Donor			Unrestricted USD	restricted USD	
		restricted MK	restricted MK				
<b>Income</b>							
Grant income	11	615,240,540	-	615,240,540	353,472	-	353,472
Donations	12	-	3,263,702,912	3,263,702,912	-	1,875,083	1,875,083
Other income	13	1,090,357,265	27,963	1,090,385,228	626,439	16	626,455
<b>Total income</b>		<b>1,705,597,805</b>	<b>3,263,730,875</b>	<b>4,969,328,680</b>	<b>979,911</b>	<b>1,875,099</b>	<b>2,855,010</b>
<b>Expenditure</b>							
Strategic Pillar 1: Centre Care on People	14	131,625,539	3,238,308,873	3,369,934,412	75,622	1,860,494	1,936,116
Strategic Pillar 2: Move the Sexuality Agenda	15	31,165,635	17,500,719	48,666,354	17,905	10,055	27,960
Strategic Pillar 3: Solidarity for Change	16	27,662,442	7,893,320	35,555,762	15,893	4,534	20,427
Strategic Pillar 4: Nurture Our Federation	17	1,252,545,729	-	1,252,545,729	719,621	-	719,621
<b>Total expenditure</b>		<b>1,442,999,345</b>	<b>3,263,702,912</b>	<b>4,706,702,257</b>	<b>829,041</b>	<b>1,875,083</b>	<b>2,704,124</b>
<b>Surplus for the year</b>		<b>262,598,460</b>	<b>27,963</b>	<b>262,626,423</b>	<b>150,870</b>	<b>16</b>	<b>150,886</b>

# Meet Our *Coordinators*



David Mwale



Jimmy Kachale



Esther Moyo



Lenard Gama



Violet Banda



Yvonne Kajombo



Vincent Sinda



## KODI MUKUDZIWA?

Mutha kupeza mankhwala okuthandizani kupewa HIV a Pre-Exposure Prophylaxis (PrEP) kuchipatala chathu cha Kawale komaso **Kasungu**.

**Dzitetezeni, pezani PrEP wanu lero.**

Kuti mudziwe zambiri imbani pa 0999 771 031



# HELLO LILONGWE



## KODI MUKUDZIWA?

Chipatala cha FPAM Ku Kawale chimapereka thandizo la sikelo ya amai apakati. Muthanso kupeza thandizo la zaumoyo ku chipatala cha FPAM ku Dedza, Ntcheu, Dowa, Kasungu, Mzuzu ndi Mangochi.

### OPENING HOURS

MON - SAT  
08:00 - 1700HRS

Clinic Opens During  
Public Holidays

### KAWALE

Near Engen  
Filling Station

### Contact Us

0999 339 484



@FPAM\_



Family Planning  
Association of Malawi



www.fpamalawi.org

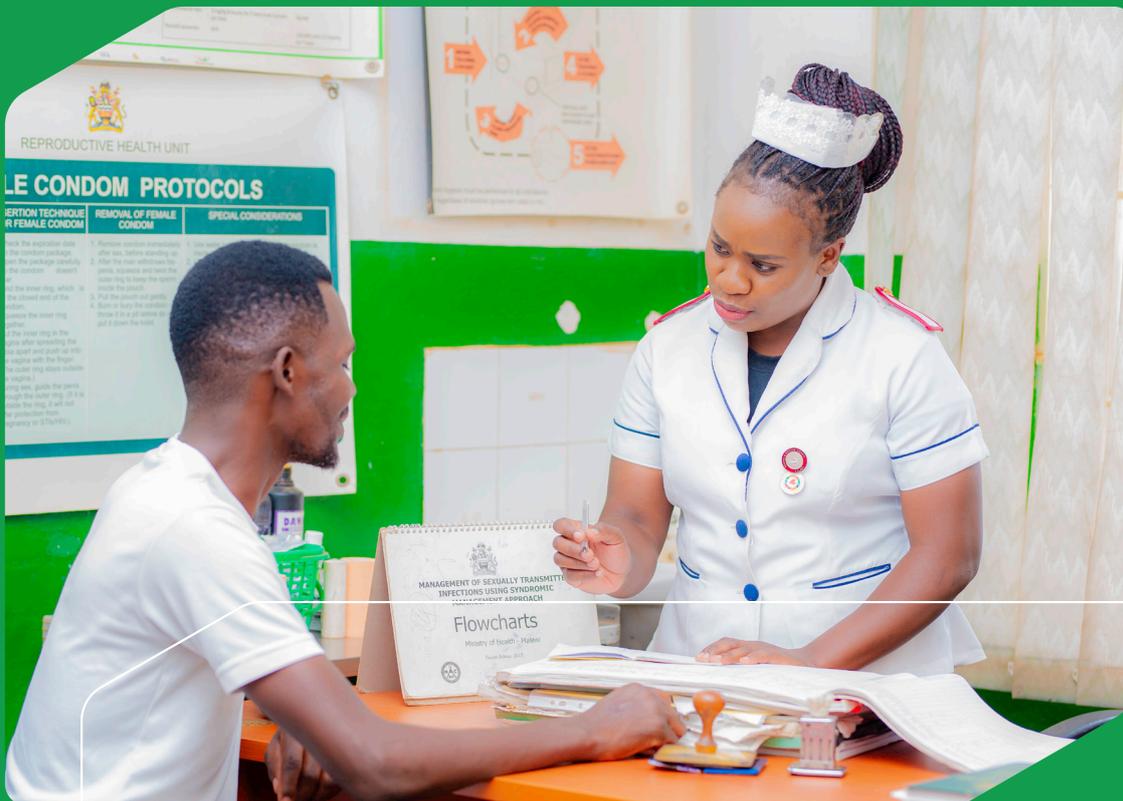
### MUSAZENGEREZE TIPEZENI LERO!

## OTHER SERVICES

- ▶ General Medical Services
- ▶ Family Planning
- ▶ Post Abortion Care (PAC)
- ▶ HIV Testing & Services
- ▶ ART
- ▶ Cervical Cancer Screening
- ▶ STI Screening & Treatment
- ▶ Youth Friendly Services

Family Planning Association of Malawi

# Centre of excellence in the provision of sexual reproductive health services.



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@FPAM\_



Family Planning Association of Malawi



[www.fpamalawi.org](http://www.fpamalawi.org)

